

# ASDAH's Discussion Guide for *Black Disability Politics* by Sami Schalk

## Discussion Questions

- A. What is your overall impression of Black Disability Politics? What key things did you take away from your reading? What did you know about disability politics before reading Black Disability Politics?
- B. Dr. Schalk outlines four elements that define and differentiate Black Disability Politics from mainstream disability: intersectional but race centered, not (necessarily) based in disability identity, contextualized and historicized, and holistic. What do you find surprising or unsurprising about these four elements?
- C. Dr. Schalk makes a political choice in using the term 'bodyminds' throughout her discussion of disability. How does this compare with the medical industrial complex' approach to health and disability? How does the use of 'bodymind' change our approach to health and disability?
- D. How did Dr. Schalk embody Black Disability Politics in her approach to writing this book?
- E. What did learning about Black Disability Politics illuminate for you about your/our work around Health at Every Size®?
- F. In what ways has the promotion of Health at Every Size® and even Fat Activism supported ableism? How can we approach our work dismantling anti-fat bias in the medical industrial complex without being ableist?